



## **Healthy Relationship Promotion Action Team –Minutes**

March 9, 2020 • 10:30-12:00pm • Room G302, Eau Claire County Government Center

Attendees: Tanya Alexander (LSS), Emily Carlson (Community Member), Janel Hebert (Health Dept), Michael Jaeb (AmeriCorps), Gina Schemenauer (Health Dept), Amanda Schumacher (Family Support Center), Koeai Xiong (HMAA), Mary Xiong (HMAA), Kate Kensmore (Health Dept Intern)

### **1. Welcome & updates**

- a. Emily gave overview/history of the Healthy Relationship Action Team. Action team was created many years ago. Refocused their goals on prevention of sexual violence and promotion of healthy relationship skills. One of the goals has been providing Safe Dates, an evidence-based program, into local schools. This has been a large component of the action team work. The other piece has been developing a [healthy relationship toolkit](#), which contains many local, state and national resources for parents, educators, youth-serving organizations and youth. For more info about this action team, visit our website and facebook page (recently launched)
  - i. Website: [ehealthycommunities.org](http://ehealthycommunities.org)
  - ii. Facebook: <https://www.facebook.com/ehealthycommunities/>

### **2. Values Exercise**

- a. Members were prompted to create an object out of playdoh that expressed a value that they wanted to pass down to future youth. Members went around and shared their values/art.

### **3. Healthy Communities Award Nominations/Celebration**

- a. Healthy Communities Celebration is happening on Thursday, April 30<sup>th</sup> from 5:15-7:30pm. The event will feature a speaker from Community Catalyst out of Boston about social determinants of health. An invite will be sent out this week.
- b. Healthy Communities has a Healthy Communities Champion Award. Two categories: individual and organization. Please consider submitting a nomination. Applications are due March 27<sup>th</sup>. [bit.ly/ChampionAward2020](http://bit.ly/ChampionAward2020). Group brought up Jeff Rogers, Karen Weld (Life without Limits Program Coordinator), and Eau Claire Children's Theater.

### **4. HWLI Site Visit Recap**

- a. This action team has been working with the Healthy Wisconsin Leadership Institute over the past five years. They recently had their last site visit, which helped provide tools about how to look deeper into policy analysis and into sustainability.



## 5. Sexual Violence Prevention Orientation

a. Abby shared the workplace and scope of work that details out the new grant funding that was received by the Health Department and partners. This will help guide the work of our action team and give us information about deadlines.

i. **Goal 1: Establish and convene local Sexual Violence Prevention Action team.** (We've already done this. The Sexual Violence Prevention action team will be the same as the our Healthy Relationship Promotion Action Team.)

1. The biggest bulk of this activity of this goal is to identify two primary prevention strategies and develop a local action plan to implement them. Abby shared that they are promoting that we use strategies already created. She shared the Coaching boys into men curriculum as an example of an intervention we could utilize. It's a comprehensive violence prevention curriculum and program that inspires athletic coaches to teach their young athletes that violence never equals strength and violence against women and girls is wrong. However, we would have to think about if this strategy would work for our community. Need to think about community needs, strengths, capacity, etc.

ii. **Goal 2: Engage youth, family and community members.**

1. Abby will be attending an orientation meeting on April 1<sup>st</sup>. Will bring the information back to this group. She will receive information about an assessment tool and will then work to put our initiatives into our current action plan.

a. One area that we need assistance from our partners is to identify with a men's or boy's group or organization. Morigan shared that Bolton House already works with a fraternity so they might be able to use that connection if needed. Also discussed Boy Scouts. Could be flexible with what this looks like. Might be helpful to invite these stakeholders to a meeting in the summer/fall and discuss our goal and see what they have for solutions.

iii. **Goal 3: Conduct three policy analyses using a health equity lens.**

1. Abby will learn more about what a "policy scan" means at the upcoming orientation.

2. HRPAT has already begun looking a community level policy to complete activity 4.3. They are looking at the bullying/sexual harassment policies for Fall Creek School. We are already doing with Fall Creek School for Safe Dates. Abby met with the guidance counselor to understand how policy works within the school district. They seemed open to working with us on this.

iv. **Goal 4: Continuing to facilitate Safe Dates.**

1. Have current Safe Dates facilitators but could use more capacity with this. Would love to have more people trained to become facilitators at your organization or in the broad community.



Looking for feedback on other places that we would like to expand Safe Dates to as this is an activity of our grant. We need to expand to two additional sites.

2. Another piece is to continue thinking about how we engage youth and add their voice to our work. We do have money built in the grant to provide compensation to them for participating in an advocacy group. Amanda suggested to get feedback from current Safe Dates youth participants.

b. Sexual Violence Prevention Month Activities

- i. HMAA will be having a luncheon. Are still working to finalize a date. Trying to find someone to come talk about sexual assault. Still in the planning phase.
- ii. HMAA is also have a PHO-raiser. Planning to do that on April 10<sup>th</sup> at the Forage kitchen from 11am-2pm. Proceeds will go to helping with their Be the Light program and building bridges program.
- iii. Child Advocacy Center- Family Fun Night is coming up. Happening on April 16<sup>th</sup>. Share with your agencies/families.
- iv. The Plus Event
- v. If you have ideas about what to share/bring to the event, please let Abby know!
- vi. **Remember—you can share information about events with [healthy.communities@co.eau-claire.wi.us](mailto:healthy.communities@co.eau-claire.wi.us) to send out to our email group and/or share it on facebook with Healthy Communities. Then we can see if can share it on our Healthy Communities social media page.**
- vii. **Please also let us know if you want copies of the Healthy Relationships toolkits to bring to event you are attending!**

6. Set up reoccurring meeting times

- a. Will be sending out a doodle poll to set up times.