



## **Mental Health Action Team –Agenda**

August 12, 2020 • 1:00-1:30-pm • Meeting held virtually through Webex

You may join the meeting via the link or phone number listed below:

Meeting number (access code): 145 144 1800

Meeting password: FTnPNjZt342

[Join meeting](#)

1. **Welcome & Updates** – 15 mins
2. **Facebook Posts for August and September**-10 mins
3. **Mental Health Matters Update** – 5 mins

**Next Meeting: July 8th, 2020, 1-2:30 pm, Room G3312 or WebEx- TBD**

All minutes and agendas are located at [www.ehealthycommunities.org](http://www.ehealthycommunities.org)



## Mental Health Action Team

### 2018-2021 Goals, Objectives, and Data Indicators

#### 2018-2021 Goals & Objectives

**Goal 1: To increase strong, healthy social connections among Eau Claire County residents across all life stages to promote mental wellness through education, programming, outreach, and policies.**

**Obj. 1:** By 2021, implement at least three strategies to build resilience and expand mental health support for youth and adults.

**Obj. 2:** By 2021, at least three new or existing strategies around stigma will be implemented, strengthened, or expanded to improve mental well-being.

**Obj. 3:** By 2021, complete at least three collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to strengthen partnerships.

#### 2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Percent of high school students in the past year feeling sad and/or hopeless almost every day for two weeks or more	<b>29%</b>	<b>27%</b>
Percent of high school students in the past year with significant problems feeling very anxious, nervous, tense, scared, or like “something bad was going to happen”	<b>48%</b>	<b>40%</b>
Suicide deaths (rate per 100,000)	<b>20.7</b>	<b>14.9</b>