



Mental Health Action Team –Minutes

June 10, 2020 • 1:00-1:30-pm • Meeting held virtually through Webex

Present: Michael Jaeb, TJ Atkins, David Lally, Michelle Larson, Chelsie Smith, Libby Richter, Barb Habben, Shae Havner, Brianne Berres, and Peggy O’Halloran

1. Welcome & Updates

- a. Department of Human Services is still closed to the public. They do have certain appointments being held in designated rooms.
- b. Health Department has hired more contact tracers and some staff will be transitioning back to their more regular activities soon.
- c. Reminder about [Rock the River Front](#)- This event will be virtual this year with online registration. Proceeds of this event go to organizations based on votes, remember to vote for NAMI-Chippewa Valley! Can register to do the walk and can vote for \$2 for which organization you want to get the most money. Currently NAMI is in the lead with 63% of the votes for top amount of money.
- d. NAMI attempted to host some support groups virtually and at the park, with little participation. They are hoping group will grow as things continue to open back up.
- e. The Community Table’s dining room is still closed. They will continue to serve carry out meals through the summer.
- f. Sojourner is still set up at Hobbs. The city’s emergency order ends on the 23rd so they will need to find a new location or return to their original location. They are currently looking for open buildings that may be able to accommodate-if you know if any please reach out to Brianne and let her know.
- g. Catholic Charities is still closed for walk-ins. Will open for appointments only.
- h. HSHS-Sacred Heart- elective surgeries being ramped up and providers are noticing that people are most likely delaying care which means they come in with much worse conditions. Noticing this in outpatient as well as in the emergency department. They continue to have visitor restrictions and screening at the doors including colleagues, visitors, and patients.



- i. L.E. Phillips Memorial Library continues to be closed to the public through June. Curbside pickup is available for traditional library services and some specific services including food. May hopefully open up to limited public capacity in July to resume some of their other services.
- j. Barb shared information (that we will forward out by email) that NAMI-Wisconsin is collecting data for a potential state-wide helpline/warmline. The group is seeking community feedback until June 24th. Barb encourages us all to go fill out the quick 11 question [survey](#) and share with other partners throughout the state. A warmline is something this group has talked about in the recent past for getting in our community.
- k. Sharing Hope Walk- still unsure of what COVID-19 restrictions will be in place in September. The team is looking at ways to host the walk virtually as well as considering a different look to an in-person event. The park urged the team to wait until July to make a better decision about the pavilion rental at the park. The team is posting for feedback on their [Facebook page](#) to see what walk attendees would like to see. More information to come.
- l. Donations needed for Health Department's Community Support Program
 - i. Michael is looking for donations to support community members that are COVID-19 cases and contacts. Many of these individuals are homeless or in a similar vulnerable situation. He could use the following items to help support them:
 1. Plastic grocery bags (can use up to 50 bags per person during their isolation/quarantine period)
 2. Toiletries (hotel/travel-sized or larger)
 - a. Toothpaste, toothbrushes, deodorant, shampoo, conditioner, hand soap, body wash/bar, hairbrushes, combs
 - ii. If interested in donating some of these items; you can coordinate a pickup time and location with Michael by [emailing](#) him or calling him at (715) 839-4830.



2. **Mental Health Matters Update** – 5 mins

- a. ACEs work team- team met yesterday and is developing a plan to host ACEs and resiliency training virtually as when in-person trainings can resume is unknown. Team is looking at splitting the 2-hour session into two 1 hour sessions. It may not be feasible depending on the group. More information to come.
- b. Mindfulness- Brenda is planning with the schools that were awarded participation in the fall.
- c. Data Group- met last week for the first time since February. Came together to talk about sharing the Mental Health Score. Team is looking at ways to start putting data to action. Group is looking at best practices and policies for getting more information out about resiliency, especially now with COVID-19.

3. **Facebook Posts for June and July**

- a. June Posts
 - i. LGBTQ+ connect with Pride month- post developed by Libby and sent to Michael during the meeting.
 - ii. Getting Outdoors-developed by Libby and sent to Michael for posting
- b. July
 - i. Black Lives Matter connect to Minority Mental Health Awareness Month with NAMI (waiting on toolkit from NAMI)
 - ii. July 3rd is Compliment your mirror day. Looking for volunteers to make this post. Reach out to [Michael](#) if interested.

4. Next meeting: July 8th, 2020, 1-2:30pm, WebEx



mental Health Action Team

2018-2021 Goals, Objectives, and Data Indicators

2018-2021 Goals & Objectives

Goal 1: To increase strong, healthy social connections among Eau Claire County residents across all life stages to promote mental wellness through education, programming, outreach, and policies.

Obj. 1: By 2021, implement at least three strategies to build resilience and expand mental health support for youth and adults.

Obj. 2: By 2021, at least three new or existing strategies around stigma will be implemented, strengthened, or expanded to improve mental well-being.

Obj. 3: By 2021, complete at least three collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to strengthen partnerships.

2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Percent of high school students in the past year feeling sad and/or hopeless almost every day for two weeks or more	29%	27%
Percent of high school students in the past year with significant problems feeling very anxious, nervous, tense, scared, or like “something bad was going to happen”	48%	40%
Suicide deaths (rate per 100,000)	20.7	14.9