



## **Mental Health Action Team –Minutes**

May 13, 2020 • 1:00-1:30-pm • Virtual Meeting, Eau Claire City-County Health Department

**Present:** TJ Atkins, Chelsie Smith, Libby Richter, Brianne Berres, David Lally, Barb Habben, Eve Fischer, Shae Havner, and Michael Jaeb

### **1. Welcome & Agency/Event Updates –**

- **County Health Rankings**- have been updated. Please take time to look these over, we will likely discuss at a future meeting.
- **The Community Table (TCT)** – continuing to serve meals from their front door, preparing carry out meals and providing meals to Sojourner House and Inn Towne.
- **National Alliance on Mental Health-Chippewa Valley** – Rock the Riverfront featuring the Charity Classic (walk/run) will be virtual. Run anytime from June 27-July 12 and vote for your favorite charity (NAMI Chippewa Valley). Learn more, <https://www.rcu.org/about-royal/community/rock-the-riverfront>
- **2020 Sharing HOPE Walk** is scheduled for September but looking for feedback on how to host the event due to COVID-19. The webpage has been updated, please share the information. Learn more, <https://www.sharinghopechippewavalley.org/2019-walk>
- **DHS/Public Health** – working together with the Health Department to respond to the COVID-19 needs in the community.

### **2. Mental Health Matters Update**

- Due to COVID-19 response, last meeting was cancelled.

### **3. Develop Social Media Posts (June-August)**

All minutes and agendas are located at [www.ehealthycommunities.org](http://www.ehealthycommunities.org)



**a. Identify observances to highlight**

- A post will be scheduled for this week and next week for Mental Health Awareness Month. If more content needs to be created/posts, Michael will review the toolkit from [Mental Health America](https://www.mentalhealthamerica.net)

**b. Post development volunteers/assignments**

- Libby offered to create a post for June
- The team will reconvene next month to determine community needs and develop posts for July and August depending on the COVID-19: Badger Bounce Back Plan.

**4. Next Meeting: June 10th, 2020 from 1-2:00 pm**



## Mental Health Action Team

### 2018-2021 Goals, Objectives, and Data Indicators

#### 2018-2021 Goals & Objectives

**Goal 1: To increase strong, healthy social connections among Eau Claire County residents across all life stages to promote mental wellness through education, programming, outreach, and policies.**

**Obj. 1:** By 2021, implement at least three strategies to build resilience and expand mental health support for youth and adults.

**Obj. 2:** By 2021, at least three new or existing strategies around stigma will be implemented, strengthened, or expanded to improve mental well-being.

**Obj. 3:** By 2021, complete at least three collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to strengthen partnerships.

#### 2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Percent of high school students in the past year feeling sad and/or hopeless almost every day for two weeks or more	<b>29%</b>	<b>27%</b>
Percent of high school students in the past year with significant problems feeling very anxious, nervous, tense, scared, or like “something bad was going to happen”	<b>48%</b>	<b>40%</b>
Suicide deaths (rate per 100,000)	<b>20.7</b>	<b>14.9</b>