



Mental Health Action Team –Agenda

April 1, 2020 • 1:00-2:00-pm • Virtual Meeting, Eau Claire City-County Health Department

Virtual Meeting Attendee Instructions:

1. Click [here](#) to enter the meeting
2. Meeting number: 929 059 874
3. Password: MHAT

1. **Welcome, Announcements and Updates – 10 mins**

- a. Postponed events updates

2. **Mental Health Matters Update – 5 mins**

3. **Social Media posts-**

- a. Promoting mental wellness during pandemic

4. **Virtual activities?**



Next Meeting: March 11th, 2020, 1-2:30 pm, Room G3312

Mental Health Action Team

2018-2021 Goals, Objectives, and Data Indicators

2018-2021 Goals & Objectives

Goal 1: To increase strong, healthy social connections among Eau Claire County residents across all life stages to promote mental wellness through education, programming, outreach, and policies.

Obj. 1: By 2021, implement at least three strategies to build resilience and expand mental health support for youth and adults.

Obj. 2: By 2021, at least three new or existing strategies around stigma will be implemented, strengthened, or expanded to improve mental well-being.

Obj. 3: By 2021, complete at least three collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to strengthen partnerships.

2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Percent of high school students in the past year feeling sad and/or hopeless almost every day for two weeks or more	29%	27%
Percent of high school students in the past year with significant problems feeling very anxious, nervous, tense, scared, or like "something bad was going to happen"	48%	40%
Suicide deaths (rate per 100,000)	20.7	14.9