



Mental Health Action Team –Agenda

March 11, 2020 • 1:00-2:30-pm • Room 3312, Eau Claire City-County Health Department

1. **Welcome & Updates** – 15 mins
 - a. Sharing Hope Walk
 - i. MHAT basket?
 - b. UWEC Capstone Project
2. **Healthy Communities Celebration/Award Update** – 5 min
3. **Mental Health Matters Update** – 5 mins
4. **Flash Mob** – 15 mins
 - a. Reminders/Reach out to connections
5. **Wellness Walk Collaboration (July)** – 10 mins
6. **Review Goal/Objectives - Discuss future strategies-** 40 mins

Next Meeting: March 11th, 2020, 1-2:30 pm, Room G3312

Mental Health Action Team

2018-2021 Goals, Objectives, and Data Indicators

2018-2021 Goals & Objectives

Goal 1: To increase strong, healthy social connections among Eau Claire County residents across all life stages to promote mental wellness through education, programming, outreach, and policies.

Obj. 1: By 2021, implement at least three strategies to build resilience and expand mental health support for youth and adults.

Obj. 2: By 2021, at least three new or existing strategies around stigma will be implemented, strengthened, or expanded to improve mental well-being.

Obj. 3: By 2021, complete at least three collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to strengthen partnerships.

2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Percent of high school students in the past year feeling sad and/or hopeless almost every day for two weeks or more	29%	27%
Percent of high school students in the past year with significant problems feeling very anxious, nervous, tense, scared, or like “something bad was going to happen”	48%	40%
Suicide deaths (rate per 100,000)	20.7	14.9