



Mental Health Action Team –Agenda

February 12th, 2020 • 1:00-2:30-pm • Room 3312, Eau Claire City-County Health Department

1. **Welcome & Updates** – 10 mins
2. **Mental Health Matters Update** – 5 mins
3. **Sharing Hope Raffle Discussion** – 15 mins
4. **Social Media (March-June)** – 30 mins
 - a. Develop 8 posts
5. **Flash Mob Poster Distribution** – 30 mins

Next Meeting: March 11th, 2020, 1-2:30 pm, Room G3312



Mental Health Action Team

2018-2021 Goals, Objectives, and Data Indicators

2018-2021 Goals & Objectives

Goal 1: To increase strong, healthy social connections among Eau Claire County residents across all life stages to promote mental wellness through education, programming, outreach, and policies.

Obj. 1: By 2021, implement at least three strategies to build resilience and expand mental health support for youth and adults.

Obj. 2: By 2021, at least three new or existing strategies around stigma will be implemented, strengthened, or expanded to improve mental well-being.

Obj. 3: By 2021, complete at least three collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to strengthen partnerships.

2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Percent of high school students in the past year feeling sad and/or hopeless almost every day for two weeks or more	29%	27%
Percent of high school students in the past year with significant problems feeling very anxious, nervous, tense, scared, or like "something bad was going to happen"	48%	40%
Suicide deaths (rate per 100,000)	20.7	14.9