



Chronic Disease Prevention Action Team –Agenda

January 13, 2020 • 8:30-10:00am • Room 302, Eau Claire City-County Health Department

1. Welcome & Updates - 10 mins

- a. Share 2019 accomplishment most proud of
- b. Healthy Communities Social Media Page
- c. RX for Parks Update
- d. Wintermission
- e. Annual Celebration- training ideas
- f. Annual Report topic

2. Review CHIP/ Action Team Goals & Objectives- 15 min

3. Year 2019 Reflection –15 mins

4. Screen-Free Week Discussion – 20 mins

5. Social Media Check in – 10 mins

- a. January 2020
- b. February 2020
 - i. Winter Farmer's Market

Next Meeting: February 17th, 2019, 8:30 – 10:00 am, Room G302

All minutes and agendas are located at www.ehealthycommunities.org



Chronic Disease Prevention Action Team

2018-2021 Goals, Objectives, and Data Indicators

2018-2021 Goals & Objectives

Goal 1: Increase Eau Claire County residents' access to healthy foods and beverages through education, outreach, collaboration, and policy.

Obj. 1: By 2020, implement at least three strategies to increase community access to healthy foods and beverages

Obj. 2: By 2021, complete at least two collaborative efforts with Eau Claire Healthy Communities Action Teams and other organization to increase education, outreach, and/or policies that provide access to healthy foods and beverages.

Goal 2: Increase physical activity of Eau Claire County residents through education, outreach, collaboration, and policy.

Obj. 1: By 2021, support, expand, or implement three initiatives or policies designed to engage, improve, and strengthen community connectedness, and/or improve physical environments.

Obj. 2: By 2021, complete at least two collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to increase education, outreach, and/or policies that encourage screen time reduction and increase physical activity.

2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Food environment index	7.9	8.8
Percent of adults (20+) with body mass index of 30 or greater	28%	31%
Obesity occurrence in WIC-enrolled children 2 to 5 years old	13%	15%
Percent of high school students who played video games or used a computer for non-school purposes for 3 or more hours per day	39%	40%