



Mental Health Action Team –Agenda

September 11th, 2019 • 1:00-2:30pm • Room G034, Eau Claire City-County Health Department

1. **Welcome & Updates** - 10 mins
 - a. Library Book Club Update (Oct 10th)-
 - b. Sharing Hope Walk- (Sept 14th)
 - c. Resource directory update
 - i. Well Badger online Children's Mental Health Resource Navigator
2. **Mental Health Matters update** – 10 mins
3. **Mental health event coordination with UWEC** – 20 mins
4. **Flash mob continuation with schools**– 30 mins
5. **Develop two social media post for October** – 20 mins

Next Meeting: October 9th, 1:00-2:30pm in Room G034



Mental Health Action Team

2018-2021 Goals, Objectives, and Data Indicators

2018-2021 Goals & Objectives

Goal 1: To increase strong, healthy social connections among Eau Claire County residents across all life stages to promote mental wellness through education, programming, outreach, and policies.

Obj. 1: By 2021, implement at least three strategies to build resilience and expand mental health support for youth and adults.

Obj. 2: By 2021, at least three new or existing strategies around stigma will be implemented, strengthened, or expanded to improve mental well-being.

Obj. 3: By 2021, complete at least three collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to strengthen partnerships.

2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Percent of high school students in the past year feeling sad and/or hopeless almost every day for two weeks or more	29%	27%
Percent of high school students in the past year with significant problems feeling very anxious, nervous, tense, scared, or like “something bad was going to happen”	48%	40%
Suicide deaths (rate per 100,000)	20.7	14.9