



## Healthy Communities Action Team Reporting Form

### **ACTION TEAM:**

- Assessment/Planning    Chronic Disease    Healthy Relationship Promotion  
 High Risk Drinking    Mental Health    Oral Health

**DATE(S) OF LAST ACTION TEAM MEETING:** October 3<sup>rd</sup> , 2018

### **MEMBERSHIP**

- Which organizations/individuals are at the table?  
Eau Claire City-County Health Department, Eau Claire Police Department, Alliance for Substance Abuse Prevention, Community Representatives, UWEC Office of Health Promotion, Department of Health Services (DHS), HSHS Sacred Heart Hospital, United Way of the Greater Chippewa Valley, Young adults ages 18-34
- Which organizations/individuals are missing from the table?  
Business, Treatment Providers, Faith Groups, Chamber Young Professionals Group, Diverse Ethnic Groups, and Chamber of Commerce Representatives

### **CURRENT ACTION:**

- Finalizing goals and objectives for CHIP
- Spoke at City Council supporting Excessive Public Intoxication Ordinance
- Attended 2018 WI Alcohol Policy Seminar

### **NEXT STEPS:**

- Share information from Alcohol Policy Seminar

### **\*QUESTIONS FOR COUNCIL/FEEDBACK REQUESTED:**

- Contact information of individuals who may be interested in our work





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**DATE(S) OF LAST ACTION TEAM MEETING:** 10/25/2018

### MEMBERSHIP

- Which organizations/individuals are at the table?  
CVTC Dental Hygiene Program, Smiles for Eau Claire County LLC, Family Health Center of Marshfield, Inc., Health Department Community Health Educators, NW Wisconsin Dental Hygienists Association, NW Dental Society, Children's Health Alliance of Wisconsin
- Which organizations/individuals are missing from the table?  
Other members from local dental association, members from the ECASD early learning programs, other non-profit agencies, business members and consumer members who serve those most affected by dental disease.

### CURRENT ACTION:

- February is Children's Dental Health Month. We have a couple of events that we would like to do. The first is story time at the library where we would read the book, Potter the Otter, which is a book about making healthy drinking choices (water). The children would receive a copy of the book, purchased through MCI grant money, and a toothbrush. The parents would receive an informational handout and we would have samples of infused water. The second event would be story time and a display at the Children's Museum with the same theme and handouts.
- Continue tracking pregnant women who come into the WIC clinic and see where they are going for dental referrals and treatment. Working on a way to make it easier for them to get in at CVTC dental clinic.
- Continue working with Christie Bowe at Mayo to create a video or presentation that can be used to train their health educators to use in maternity classes.
- Sugar sweetened beverage campaign. Discussed bringing back the school poster competition and updating the campaign to include foods as well as drinks.
- Next OHPAT meeting November 15, 2018 at 7:30 AM.

### NEXT STEPS:

- Follow up on dates and times for library story times as well as at the Children's Museum.
- Check on prices for toothbrushes to hand out and purchase them.
- Print handouts and flyers to give to Mayo for trainings.
- Update referral list for dentists who will see pregnant women and info for pregnant patients. Possibly have CVTC dental hygiene students do this.
- Work on PowerPoint or video for health educators.

- Recruit new members. Possibly invite dental and medical personnel who have come to our inter-professional events to our January meeting and have breakfast to see if they have an interest in joining our team.

#### **\*QUESTIONS FOR COUNCIL/FEEDBACK REQUESTED:**

- What is the best way to get the message out to the public and healthcare providers about the new standards of care for treating pregnant women?
- How can we bring the medical and dental communities together to collaborate on our goals?
- How do we get the word out about the harmful effects of sugar sweetened beverages and foods to your oral health and health in general?
- How can we spread the word about the effectiveness of community water fluoridation?
- How can we spread the word to parents/caregivers about the importance of early dental care?

#### **\*HOW CAN HEALTHY COMMUNITIES COUNCIL SUPPORT YOUR ACTION TEAM?**

- Spread the word that dental treatment during pregnancy is safe and recommended for the health of both mom and baby.
- Spread the word and set good examples of healthy eating/drinking to prevent dental disease.
- Be proactive by informing others about the use of fluoride to prevent dental disease in our community.
- Share with your own physicians the importance dental health has on total body health and make sure they are asking their patient's about it and making referrals if needed.



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**DATE(S) OF LAST ACTION TEAM MEETING:** September 17 and October 15

### MEMBERSHIP

- Which organizations/individuals are at the table?  
Achieve Wellness, City of Eau Claire – City Planning & Parks and Recreation, Eau Claire County ADRC, Eau Claire Chamber of Commerce, Eau Claire City County Health Department, Group Health Cooperative of Eau Claire, HSHS, Marshfield Clinic, Mayo Clinic Health System, Novo Nodisk, UW-Eau Claire, West Central WI Regional Planning Commission, YMCA of Eau Claire
- Which organizations/individuals are missing from the table?
  - Representatives from Altoona, Fall Creek, Augusta and Fairchild
  - Food as Medicine (not sure if this group is still active), UWEC School of Nursing, UW-Extension Office
  - Additionally we have many community connections “ad hoc” who we collaborate with regularly but don’t have capacity to attend meetings.

### CURRENT ACTION:

- Food System subteam: HealthTIDE wavemaker regional rally. As a result of the rally, partners from Chippewa, Dunn, and Eau Claire counties discussed potentials for continuing the tri-county collaboration. Group discussed the importance of maintaining the connection between communities as we have similar goals around food environment.
- Healthy Community Design and Policy: Walk audits for State Street scheduled on 10/18 and 10/23. Findings will inform redevelopment efforts.
- Worksite Wellness: Worksite Wellness Learning Circle will be held on October 31 at EC Chamber office. The topic will be healthcare costs and the speaker will be AJ Sherman, Achieve Wellness. As a result of the 2018-2021 CDPAT’s focus areas, this subteam will no longer continue as part of the CDPAT; instead its focus and work will be moved to the EC Chamber’s Wellness committee. Representatives from the Health Department and CDPAT will continue to attend these meetings. The intent at this time is to continue offering four Learning Circles per year.
- CDPAT is finalizing plans for the 2019 – 2021 Community Health Improvement Plan.
  - i. September – the team broke into three groups to discuss strategies for each of our priorities: 1) Screen time 2) Physical Activity/Built Environment and 3) Food Access. The team also discussed partners that could be brought to the table based on which strategies we choose.
  - ii. October – the team again broke into workgroups for small discussions related to the impact of strategies. Groups were given question prompts that asked them to consider the impact, context, community and stakeholders from County Health Rankings. These questions helped narrow which strategies would be the best fit for our action teams to explore. Groups came back together for a

large group report-out, had further discussion on strategies and then each member was given 5 stickers to place on the strategies they would like to pursue. Top votes went to:

1. **Food/Beverage.** Momentum around restaurant/fast food work – Healthy Kids Meal Project & HealthTIDE and Point of decision prompts (farmers market, nutrition, water).
2. **Physical activity/connectedness.** Low/no cost activity campaign, creating a resource directory for the county, point of decision prompts, parkland dedication ordinance and Blue Zones.
3. **Screen time.** Point of decision prompts.

#### **NEXT STEPS:**

- Overall, group will pursue information gathering as we look to building possible tactics and strategies into our implementation plan.
- Health Department will look into Blue Zones and bring back information.  
[www.bluezones.com](http://www.bluezones.com)
- Susan Krahn will touch base with HealthTIDE around Healthy Kids Meal Project and bring back info to next meeting.
- Chad Duerkop will present information about RX for parks and other documents around physical activity in the county at our next meeting.
- Audrey Boerner/Ned Noel will look into next steps for parkland dedication ordinance.
- Health Department will research point of decision prompts and bring to next meeting.
- Barb and Sara will look into connections with rural Public Works contacts.
- Worksite Wellness members will work on identifying topics for 2019 Learning Circles.

#### **\*QUESTIONS FOR COUNCIL/FEEDBACK REQUESTED:**

- Provide the team with any feedback on the progress to-date on the key CDPAT indicators that have been identified for the 2019 – 2021 timeframe.

#### **\*HOW CAN HEALTHY COMMUNITIES COUNCIL SUPPORT YOUR ACTION TEAM?**

- Provide contacts with any potential team members from the following cities: Augusta, Fall Creek, Altoona and Fairchild that may be willing and able to address the needs of these communities.
- Provide CDPAT with any additional people/organizations that could help with the newly identified indicators.
- Encourage your business to consider sending a representative to an Eau Claire Chamber Wellness Learning Circle session.



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**DATE(S) OF LAST ACTION TEAM MEETING:** 10/04/18 and 11/01/18

### MEMBERSHIP

- Which organizations/individuals are at the table?  
Bolton Refuge House, Restorative Justice, Family Support Center, Eau Claire City-County Health Department, United Way, Anu Family Services, Marshfield Clinic
- Which organizations/individuals are missing from the table?  
School district staff and other youth serving professionals.

### CURRENT ACTION:

- Continuing work on the Healthy Relationship Promotion Toolkit
  - Developing content for each resource included in the toolkit.
- Connecting with Girl Scouts/Boy Scouts to look at a potential healthy relationship badge.
- Creating a calendar of health observances and known events in the community that we can partner with. Working on messaging for January—stalking awareness month and human trafficking month and February- teen dating month.
- Members of HRPAT are continuing to facilitate Safe Dates.
- New member recruitment.

### NEXT STEPS:

- Once content is developed for toolkit we will be looking for folks to help us with formatting this content.
- Develop training for youth serving professionals that incorporates how to use the resource toolkit in addressing healthy relationships with youth served. As we are developing this training we also need to find the best way to partner with schools and youth serving agencies to provide this training.

### \*QUESTIONS FOR COUNCIL/FEEDBACK REQUESTED:

- Do you know of any students, groups, classes or organizations at CVTC or UWEC that have worked on projects like the resource toolkit in the past?
- If you know any youth serving professionals that would be interested in partnering on the resource toolkit and training let us know!
- If you know of any events/organizations that we can partner with in Jan/Feb around human trafficking, stalking and teen dating, let us know.







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**DATE(S) OF LAST ACTION TEAM MEETING:** 10/15/18

### MEMBERSHIP

- Which organizations/individuals are at the table?  
Children's Hospital of WI, HSHS Sacred Heart Hospital, Mayo Clinic, Marshfield Clinic, NAMI Chippewa Valley, UW Extension, DHS-Adult Protective Services & Intensive Case Management, Family Resource Center, Community Members, Chippewa Valley Free Clinic, Children's Hospital of Wisconsin, United Way, Eau Claire Police Department, Group Health Cooperative Eau Claire, JONAH, Boys and Girls Club, Family Literacy Center, Eau Claire School District, Wellness Shack, UW-EC, representatives from BRAIN team and Eau Claire Coalition for Youth, Prevent Suicide Chippewa Valley.
- Which organizations/individuals are missing from the table?
- 211, Sheriff's Department, Jail, judiciary representatives, health insurance wellness representatives, Western Dairyland, Positive Avenues, Lutheran Social Services, Hmong Mutual Assistance Association, Latino representatives/EI Centro
- 
- Missing from meeting, but on email list: Children and Youth with Special Health Care Needs, Center of independent living, Northwest Connections

### CURRENT ACTION:

- Team is finalizing the revised goals and objectives of the CHIP after reviewing the Community Health Assessment.

### NEXT STEPS:

- Determining action steps to begin work on the revised goals and objectives of the CHIP.

### \*QUESTIONS FOR COUNCIL/FEEDBACK REQUESTED:

- Please take time to look up your organization on the 211 website and ensure information about the services you provide are accurate and up to date. If information is not accurate, please request the update through 211. This will help ensure 211's ability to give accurate resources and referrals.

- Please consider hosting a Question, Persuade, Refer (QPR), evidenced-based suicide prevention training at your organization. This is a free training offered through our team and the Health Department. Information on how to set this training up is below.

### **\*HOW CAN HEALTHY COMMUNITIES COUNCIL SUPPORT YOUR ACTION TEAM?**

- Continue recruitment of parties missing from table.
- Share with community members the work the action team is doing.
- If you have attended a Question, Persuade, Refer training, thank you!
  - If you are interested in hosting a QPR training at your organization please contact Chelsie at [Chelsalyn.Smith@co.eau-claire.wi.us](mailto:Chelsalyn.Smith@co.eau-claire.wi.us)
  - Please LIKE the Health Department Facebook page and **SHARE** the QPR events on your own social media pages, encouraging friends/family/community members to attend.