



Chronic Disease Prevention Action Team –Agenda

June 17th, 2019 • 8:30-10:00am • Room 302, Eau Claire City-County Health Department

1. **Welcome & Updates** - 15 mins
 - a. Question: What is one thing that brings you joy?
 - b. HealthTide Update (Gina)
 - c. Complete Street Policy Update

2. **Chamber Wellness Walk Partnership Opportunity**- 15 mins

3. **Rx for Parks Project (Goal 2)** –30 mins
 - a. Small group report out
 - b. Large group discussion
 - i. Who is the audience?
 - ii. Which parks to highlight?
 - iii. Who would help spread the message?

4. **Social Media- June Awareness Months/Events** – 20 mins
 - a. Water consumption during heat
 - b. Screen time

5. **Next Steps** – 10 mins

Next Meeting: July 15th, 2019, 8:30 – 10:00 am, Room G302

All minutes and agendas are located at www.ehealthycommunities.org



Chronic Disease Prevention Action Team

2018-2021 Goals, Objectives, and Data Indicators

2018-2021 Goals & Objectives

Goal 1: Increase Eau Claire County residents’ access to healthy foods and beverages through education, outreach, collaboration, and policy.

Obj. 1: By 2020, implement at least three strategies to increase community access to healthy foods and beverages

Obj. 2: By 2021, complete at least two collaborative efforts with Eau Claire Healthy Communities Action Teams and other organization to increase education, outreach, and/or policies that provide access to healthy foods and beverages.

Goal 2: Increase physical activity of Eau Claire County residents through education, outreach, collaboration, and policy.

Obj. 1: By 2021, support, expand, or implement three initiatives or policies designed to engage, improve, and strengthen community connectedness, and/or improve physical environments.

Obj. 2: By 2021, complete at least two collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to increase education, outreach, and/or policies that encourage screen time reduction and increase physical activity.

2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Food environment index	7.9	8.8
Percent of adults (20+) with body mass index of 30 or greater	28%	31%
Obesity occurrence in WIC-enrolled children 2 to 5 years old	13%	15%
Percent of high school students who played video games or used a computer for non-school purposes for 3 or more hours per day	39%	40%