



## **Chronic Disease Prevention Action Team –Agenda**

**March 20th, 2019 • 2:00-3:30pm** • Room 3312, Eau Claire City-County Health Department

1. **Welcome & Updates** - 15 mins
  - a. Take Annual Action Team Survey
  - b. Share annual report
  - c. Share about dockless bikeshare ordinance
  - d. Diabetes & Cardiovascular Disease Prevention Grant information (Ellen & Susan)
  - e. Market Match program (Sandy)
  - f. Council Co-Chair
  - g. Annual Celebration
2. **Combined Action Team Meeting** (Goal 1 & 2, Obj. 2) – 15 mins
3. **April Volunteer Month Ideas** (Goal 1, Obj. 2) – 10 mins
  - a. Community Table
  - b. Feed my People Weekend Kids Meals
4. **Awareness Months/Events** – 20 mins
  - a. Upcoming Month- April
    - i. Volunteer recognition month
  - b. May
    - i. Mental health month – Physical Activity subcommittee
    - ii. Bike to school day - Physical Activity subcommittee
    - iii. Farmers market kickoff event – healthy food and beverage
  - c. June
    - i. Summer activities- physical activity/healthy food & beverage
5. **Subcommittee Meeting Time**- 30 mins
  - a. Healthy Food and Beverages
    - i. Tri-County Healthy Food Marketing Collaborative
  - b. Physical Activity
    - i. RX for parks discussion
    - ii. Safe routes to parks update
  - c. Screen Time/Social Connectedness – future sub-team

**Next Meeting: April 15th, 2019, 8:30 – 10:00 am, Room G302**

All minutes and agendas are located at [www.ehealthycommunities.org](http://www.ehealthycommunities.org)



## Chronic Disease Prevention Action Team

### 2018-2021 Goals, Objectives, and Data Indicators

#### 2018-2021 Goals & Objectives

**Goal 1: Increase Eau Claire County residents' access to healthy foods and beverages through education, outreach, collaboration, and policy.**

**Obj. 1:** By 2020, implement at least three strategies to increase community access to healthy foods and beverages

**Obj. 2:** By 2021, complete at least two collaborative efforts with Eau Claire Healthy Communities Action Teams and other organization to increase education, outreach, and/or policies that provide access to healthy foods and beverages.

**Goal 2: Increase physical activity of Eau Claire County residents through education, outreach, collaboration, and policy.**

**Obj. 1:** By 2021, support, expand, or implement three initiatives or policies designed to engage, improve, and strengthen community connectedness, and/or improve physical environments.

**Obj. 2:** By 2021, complete at least two collaborative efforts with Eau Claire Healthy Communities Action Teams and other organizations to increase education, outreach, and/or policies that encourage screen time reduction and increase physical activity.

#### 2018-2021 Data Indicators

Indicator	Eau Claire County	Wisconsin
Food environment index	7.9	8.8
Percent of adults (20+) with body mass index of 30 or greater	28%	31%
Obesity occurrence in WIC-enrolled children 2 to 5 years old	13%	15%
Percent of high school students who played video games or used a computer for non-school purposes for 3 or more hours per day	39%	40%