

Mental Health Action Team Action Plan

Date last updated: Oct. 29, 2018

Goal 1: To increase strong, healthy social connections among Eau Claire County residents across all life stages to promote mental wellness through education, programming, outreach, and policies.

Data indicator: % of HS students in the past year feeling sad and/or hopeless almost every day for 2 weeks or more (29%); % of HS students in the past year with significant problems feeling very anxious, nervous, tense, scared, or like "something bad was going to happen" (48%); Suicide deaths (rate per 100,000; 20.7).

Sub team	Action/activities	Start date	Progress*	Date completed	results/notes	Person responsible	Indicators	Results	Evidence^
	Objective 1: By 2021, implement at least three strategies to build resilience and expand mental health support for youth and adults.								
	a.								
	b.								
	c.								
	Objective 2: By 2021, at least three new or existing strategies around stigma will be implemented, strengthened, or expanded to improve mental wellbeing.								
	c.								
	b.								
	c.								
	Objective 3: By 2021, complete at least three collaborative efforts with Health Communities Action Teams and other organizations to strengthen partnerships.								
	a.								
	b.								
	c.								

* Fully met, mostly met, partially met, not met, future objective

^Scientifically supported, some evidence, expert opinion, insufficient evidence, mixed opinion