

OBESITY

HEALTH PRIORITY #5

Defined as: Presence of excessive body fat that can increase risk of heart disease, high blood pressure, or diabetes

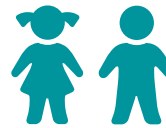
LOCAL DATA

Adults with a body mass index over 30¹



29% Eau Claire County
30% Wisconsin

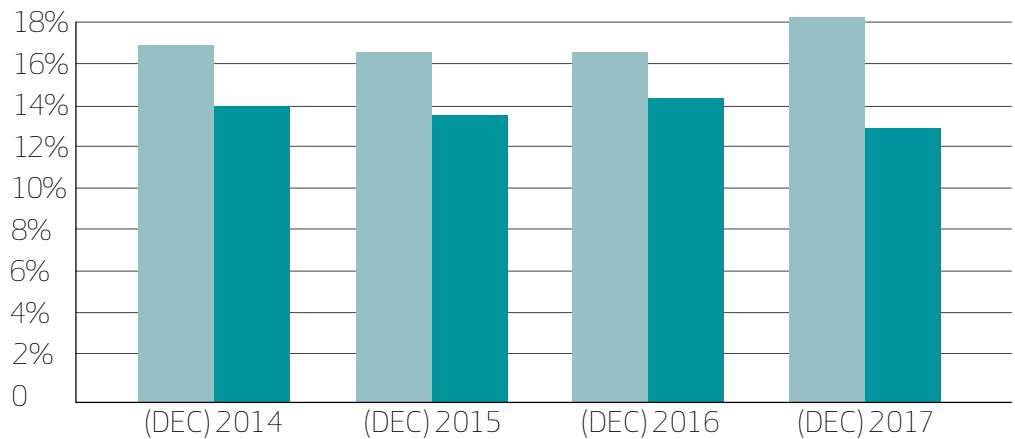
Children 2-5 years old in WIC (Women, Infant, and Children) that are obese²



13% Eau Claire County
15% Wisconsin

Body Mass Index trends for Eau Claire City - County WIC Program participants (ages 2-5)³

Overweight
Obese



In 2017, Women, Infant and Children Program participants through Eau Claire City-County has increased in the overweight category and decreased in obesity. These rates are slightly higher compared to the Wisconsin rates (Wisconsin WIC Program BMI Trend Report, 2014-2017).

COMMUNITY HEALTH SURVEY⁴

Top reasons this is a problem in our community:

Health care or personal practices for healthy weight management are not the easy or desirable option

Healthy weight support groups or treatment services are not affordable

People are not aware of the resources or services available for healthy weight management

78%

52%

50%

How serious is this health topic?

Major problem.....**37%**

Moderate problem.....**41%**

Slight problem.....**18%**

Not a problem.....**5%**

¹2017 County Health Rankings (CDC Diabetes Interactive, 2013)
²Eau Claire City-County Health Department (Wisconsin WIC Program, 2017)
³Eau Claire City-County Health Department (Wisconsin WIC Program, 2017)
⁴2017 Eau Claire County Community Health Survey